

Coronavirus Information from your EAP

As concern over the Coronavirus continues to grow, we at ESI want to provide as much help as possible to our employer clients and to our members.

There are two ways we can help.

1. We are maintaining resource centers that you can easily access online to get up-to-date information regarding this issue. Click on the links below to access the PDFs. The first provides resources and links to reputable information sources and safety precautions and tips regarding the Coronavirus. The second summarizes steps to logon to the ESI web resources. In addition to our resources, we've included a third PDF - a handout from the CDC with helpful tips on keeping safe at school work and home. We thought it might be useful to post or share with employees.

[Worried about Coronavirus? We have some information and resources that might help \(PDF\)](#)

[Accessing Coronavirus Resources \(PDF\)](#)

[CDC: What every American and community can do now to decrease the spread of the coronavirus \(PDF\)](#)

2. This rapid evolving situation is unsettling for all of us. If you or any employee or family member covered by ESI needs EAP assistance to deal with anxiety or stress, **simply call 800.252.4555 to reach a counselor.**

We will continue to provide updated information.

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ESI Employee Assistance Group

800.252.4555
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